



Pelican's Progress

Issue 10– 31st August 2023

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WHAT HAVE WE BEEN UP TO?

Community work



Dental Van visit



Keep Informed -Important Diary Dates

SEPTEMBER

5th	Yr 9 Industry Tour– Wellington shire Gipps Reg Athletics Yr 10 Wellbeing Day
7th	Yr 7/8 Interschool Basketball
8th	Motosafe Ride day
13th	Yr 8 Broadening Horizons presentations
14th	R U OK Day
15th	Activities Day Yr 12 English exams Last day of term. Finish 2.20pm

UNIFORM SHOP—is open on Wednesday's from 12.30 –2.00pm
BEAT MATHS – after school Mondays in the library

"80% of success is showing up"
**Failure to notify the school by 9.30am of
your child being away, will result in a text
being sent home**

Please call the Hotline 51825522-press 1



Drills and Skills

Student Focus Group



PRINCIPALS REPORT

As term 3 continues to quickly draw to a close, planning for 2024 has well and truly started, while we continue to support our students with their learning. Our senior students are completing coursework and outcomes from unit 4 classes and starting exam preparations. There are weekly exam revision lectures being run to prepare them for the VCE exams which commence on Tuesday October 24th with the English exam. As this is typically a stressful time of year for year 12 students, there have been regular morning tea and shared lunches run with special guest speakers to talk to the students about their wellbeing and the road ahead. Please continue to support each other and seek assistance if needed.

Primary School visits & 2024 Year 7 Parent Information Evening

It has been great to once again visit our feeder primary schools and meet next year's year 7 students. They asked many thoughtful questions about high school and shared what they are excited about and nervous about. More great questions were asked at the 2024 Year 7 Parent Information evening held in the College library on Wednesday 23rd of August. I loved hearing from current year 7 students Indy and Steph about their experiences of high school and hopefully the grade 6 students felt less nervous. The extensive transition program set to start in term 4 will further allay these fears (getting lost being the most common worry) and prepare them for high school in 2024.

Old Melbourne Gaol excursion

On Tuesday 22nd of August, our Devon North Campus students travelled to Melbourne to visit the Old Melbourne Gaol and State Library of Victoria. They had been learning about Australian icons so were able to see first hand where some of these characters ended their lives. They also visited the State Library to see Ned Kelly's famous armour on display. Many students stepped out of their comfort zones in Melbourne and enjoyed the experience.

Clay Target Shoot against Maffra SC



On Friday 25th of August, Eva Hirt organised a Clay Target Shooting competition against Maffra Secondary College. 28 enthusiastic students attended and the competition was close all day, ending in a tie. Individual gold medal winners were Max and Jianna. Several other students recorded PB results, while almost all students returned very happy with their performance.

Year 9 Industry Tours



This term, our year 9 students have been attending industry tour visits to various organisations. These have included the Loy Yang power station and RAAF base East Sale. On Tuesday 29th of August, I had the pleasure of driving six students to the Glenmaggie Weir to have a tour with Southern Rural Water. Students learned about the various career options in the organisation and how the water was allocated to farmers in the Macalister Irrigation District (MID). We were treated to a tour through the weir wall and back over the top. Nat was chosen to open one of the gates and release water into the Macalister River. We also paid a visit to Hussey's Spinach farm.

Uniform update

The uniform committee recently met to discuss two issues with the current uniform. Production of the current sky blue polo tops has ceased, so a decision was made to adopt a new polo top as part of the uniform. Students will soon be able to purchase the new navy blue polo top with sky blue accents.

The student leaders have also been advocating for new shorts, with the current shorts being uncomfortable for many students. It was decided that new shorts (more comfortable material, a zip pocket as well as traditional pockets) would replace the current shorts. Once the new shorts are in stock, the current shorts will be offered at a discounted price.

Progress Reports and Parent Student Teacher Conferences

The next cycle of progress reports will be available on Wednesday 13th September, for discussion at the Parent Student Teacher Conferences on Thursday 14th September. Please get onto Compass and make a booking to speak with your child's teachers. If you need to re-set your Compass password or are unable to book appointments on Compass, please contact Robyn or Jenna at the front office. We look forward to continuing to work with you to support your child with their learning.

End of term Activities Day

Activities have been finalised for the fun end-of-term activities day on Friday 15th September. Year 12 students will use the day to sit a practice English exam under exam conditions (3 hours) in the Hothouse.

Year 7-11 students can sign up for half and whole day activities at the front office. Choices include:

- Movie & Popcorn @ Regent Theatre \$5
- Computer Games
- Multi-Sports
- Cooking in the Canteen \$5
- Pruning Fruit Trees @ James Street Campus
- Art & Craft (whole day)
- Shooting (whole day) \$30

Nathan Wallace
Assistant Principal



Sign up today to get “free” money for YSC, just by shopping in Yarram and surrounds.

Download the In Tarra App on your phone, as above, shop at one of the below stores, and sign your points to YSC. Each month, depending on the points scored, we receive money which is donated by local businesses. Get behind your local businesses

Shops involved are:

196 Fish and Chips, Yarram Coffee Palace, Artichoke Books, Yarram Foodworks, Yarram Automotive, Commercial Hotel, Yarram Bakery Café, Yarram Betta Electrical, Yarram Bargain Centre, Yarram Plaza Hot bread, Jack River Produce, Yarram Fresh flowers, Victoria Hotel, Alberton, Café Aga, Port Albert General Store, Wildfish

When you sign in you go to Points it will bring up a QR code when you pick YSC and scan your phone at the counter of the shop. Easy and it doesn't cost you anything (apart from what you've purchased!!)



Term 4 SEASON

Starting October 3rd

REGISTRATIONS NOW OPEN

Thursday GAME NIGHT

**Register via PlayHQ.com
search-Yarram Basketball Association**

**For questions or queries contact us
via Facebook - Yarram Basketball or at
YarramBasketballAssociation@outlook.com**

BROADENING HORIZONS

Dear parents and carers,

I'm writing to invite you to attend your child's presentation of their Broadening Horizons project. Broadening Horizons is a program where YSC students engage with workers from various industries to tackle some of the problems they face. This year, we've been pleased to welcome the CFA, Forestry, Parks Victoria, and Star of the South. Students have worked to identify an industry problem, and then asked themselves how they might do something about it. They come up with a possible solution, design a prototype to demonstrate their solution, and also plan to present their work to the industry partners, and hopefully you! We'd love if you could make it to the Hothouse by 1.35 on Wednesday, the 13th of September. After students present their work, you'll be free to look at student prototypes, ask questions, and meet with our industry partners. Tea, coffee and light refreshments will also be on offer.

We hope to see you there!

Yours sincerely,

Hamish Clark

Humanities Leader



Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

Jade or Sharon

enquiriesp@berrystreet.org.au

1300 610 355

DELIVERED BY

BERRY STREET

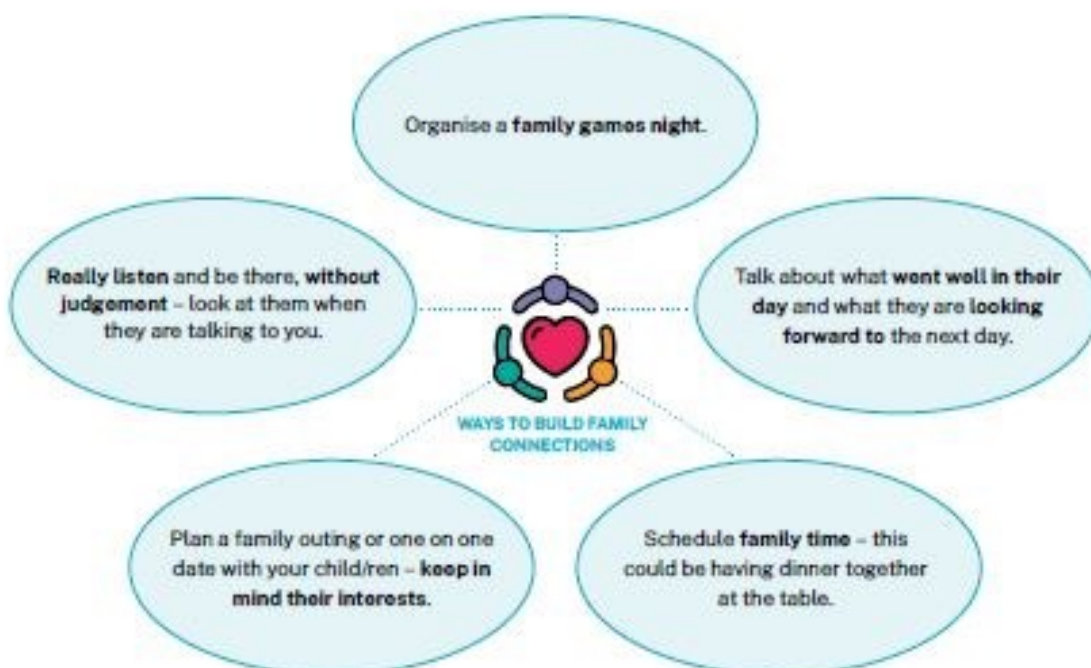
Find out more at saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

MAKING CONNECTIONS & SUPPORTING YOUR CHILDREN

Building your relationships and connections with your children is key to helping them **feel loved, safe and secure**. Feeling genuine connection also has many positive impacts on our mental health, some benefits include:

- HELP DECREASE CHANCES OF ANXIETY & DEPRESSION
- GIVES US PURPOSE
- HELPS DEVELOP GREATER EMPATHY
- SENSE OF BELONGING
- FEELING SUPPORTED
- BUILDS TEAMWORK AND COOPERATION
- ENHANCES HAPPINESS
- INCREASES SELF ESTEEM



 <p>CONNECT</p> <p>TALK & LISTEN, BE THERE, FEEL CONNECTED</p>	 <p>BE ACTIVE</p> <p>DO WHAT YOU CAN, ENJOY WHAT YOU DO, MOVE YOUR MOOD</p>	 <p>KEEP LEARNING</p> <p>EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF</p>	 <p>Give</p> <p>Your time, your words, your presence</p>	 <p>TAKE NOTICE</p> <p>REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY</p>
<p>Examples:</p> <ul style="list-style-type: none"> • Talk to someone – and really listen • Organise a shared lunch (even if it has to be a “virtual lunch”) • Reconnect with an old friend • Eat lunch with colleagues (virtually whilst working remotely) • Find ways to collaborate • Plan a social event with work colleagues • Play with your kids • Talk or phone instead of emailing • Join a team or club 	<p>Examples:</p> <ul style="list-style-type: none"> • Go for a gentle stroll at lunchtime • Join a sports team • Break up long periods of sitting • Have walking meetings • Take a yoga, Pilates or Tai Chi class • Use the stairs instead of the lift • Do some gardening • Try some stretches 	<p>Examples:</p> <ul style="list-style-type: none"> • Take a course • Learn an instrument or language • Visit a public art space • Add to your work knowledge • Organise lunchtime workshops • Set a goal and work towards achieving it • Take on a new task or help someone • Get to know your colleagues more • Join a book club • Listen to a podcast or read a journal article 	<p>Examples:</p> <ul style="list-style-type: none"> • Compliment someone • Help a colleague with their work • Share your ideas or feedback • Get involved with a charity • Express gratitude - thank someone • Make someone a cup of tea • Support a friend or whānau member • Do the dishes for someone • Perform a random act of kindness for a colleague, friend or even a stranger 	<p>Examples:</p> <ul style="list-style-type: none"> • Keep a beautiful object near your desk • Plan to look up at the night sky • Notice signs of the season changing • Practise gratitude • Try mindfulness meditation • Sit quietly in a garden or park • Listen to your favourite music • Take a break from digital devices • Single-task – do one thing at a time



For ages 16–25!



The Future Proof Project is seeking expressions of interest for a free course delivered by Protective and Safety Services, a Registered Training Organization.

What you will learn!

Operate Communication Systems and Equipment
Prepare, Maintain and Test Response Equipment
Operate Breathing Apparatus
Respond to Urban Fire
Work in a Team
Prevent Injury

The course requires a 10-day commitment and will be delivered in Morwell, with accommodation and transportation provided.

REGISTER YOUR INTEREST HERE

By contacting either Sam or Makenzie from GELLEN
(Gippsland East Local Learning & Employment Network).

Youth Project Coordinator

Sam Smith
0491298774 or
sam@gellen.org.au

Youth Peer Worker

Makenzie Wilson
5153 1745 or
makenzie@gellen.org.au



EXPRESSION OF INTEREST

8-25 year olds who have caring roles and responsibilities for a family member, friend or loved one with mental health challenges

Wellways and Satellite Foundation invite you to have your say about a new family and carer-based service in your region.

You will be paid \$175 for your participation in this 90 minute consultation, either online or in person at a hub of your region.



For more information, contact:

Rowena Jonas
Project Lead
Wellways Australia
wellways.org
rjonas@wellways.org

Georgia Radford
Community Engagement
Satellite Foundation
satellitefoundation.org.au
georgia@satellitefoundation.org.au

Please note to be eligible

At Satellite we use the term mental health challenges as an umbrella term for a range of challenges that affect children, young people and their family. This can be diagnosed or undiagnosed mental illnesses, challenges with substance use, family violence, separation of families, or anything that a family deems is challenging to their mental health and wellbeing.

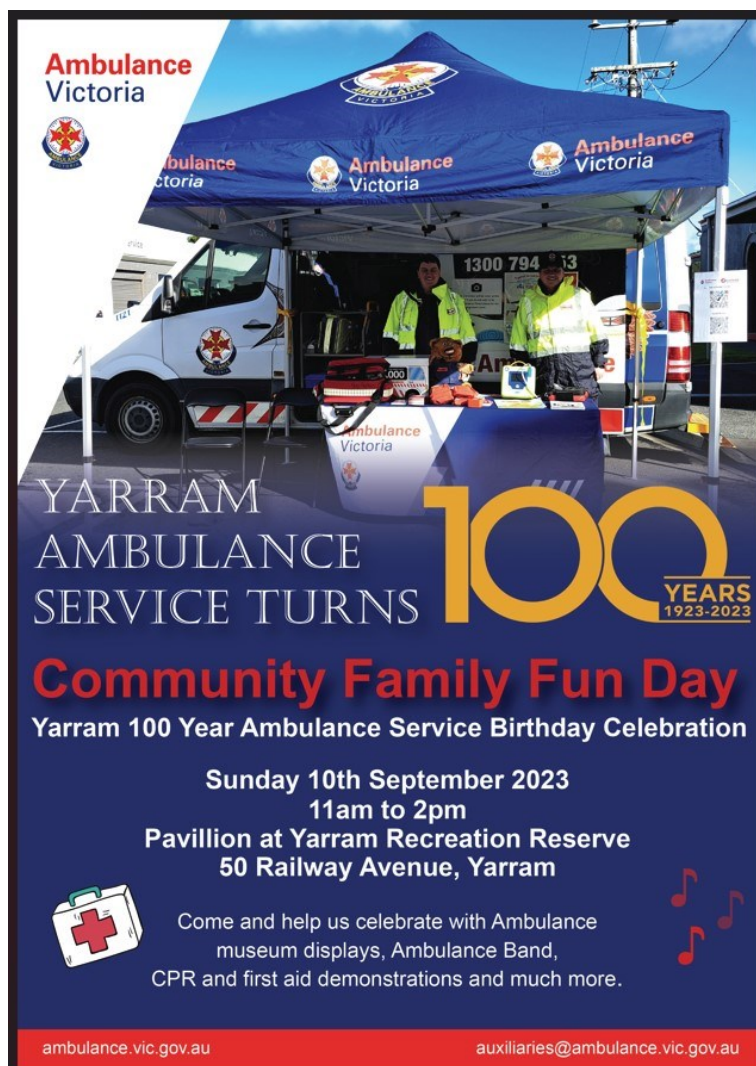
Applications need to be in by 5pm, August 18th


ATTEND TODAY
ACHIEVE TOMORROW



ATTENDANCE WORKS

www.attendanceworks.org



 WELSHPOOL BASKETBALL ASSOCIATION Please find below details for the upcoming All Ages Competition			
WEDNESDAYS		THURSDAYS	
MINIS	JUNIORS	INTERMEDIATES	SENIORS
4:45pm & 5:55pm	6:25pm & 7:15pm	6:30pm & 7:20pm	8:10pm & 9:00pm
6th September to 29th November (15 week season)	6th September to 29th November (15 week season)	7th September to 30th November (15 week season)	7th September to 30th November (15 week season)
Knockout Finals 6th December	Knockout Finals 6th December	Knockout Finals 7th December	Knockout Finals 7th December
Grand Final 10th December	Grand Final 10th December	Grand Final 10th December	Grand Final 10th December
Welshpool Basketball Subs \$55 further cost info. below	Welshpool Basketball Subs \$45 further cost info. below	Welshpool Basketball Subs \$55 further cost info. below	Welshpool Basketball Subs \$55 further cost info. below

Basketball Victoria Registration Fee:
\$29 - 17 and under | \$43 - 18 and over
If you have registered and paid at another club within the last 12 months you are still required to register for our competition but you will not be charged the fee for a second time. You must be registered before you can take to the court.
Uniform \$20 - refundable on return of singlet
PLEASE JOIN THE "WELSHPOOL BASKETBALL ASSOCIATION - OFFICIAL" FACEBOOK GROUP to register your interest & keep up to date
If you have friends who are not on Facebook or part of our page, please let them know

Table Tennis Program in Welshpool

Welshpool Memorial Hall
49 Main Street. Welshpool
(South Gippsland Hwy
Opposite Welshpool CFA)

Every Wednesday 6:30pm - 8:30pm

(School Holidays too)

\$2 per person

All equipment provided.

Everyone is welcomed.



Netball Victoria is hosting a Boys Only –Come and Play Day!

Friday 22 September 2023

10.00am to 2.00pm

Agnes Brereton, Breed Street, Traralgon

Ages: 12 to 17yrs

Cost: Free (no membership required)

Register: <https://forms.gle/wJP1qDyMJSPhYt2p6>

This event welcomes new participants willing to have a great day out learning something new, along with players who compete locally!

Wellington Shire Youth Council • Mental Wellbeing Festival

UPSWING

YOUNG MAKERS MARKET.

6TH OCTOBER 2023
PORT OF SALE BUILDING

SIGN UP NOW!

Stalls are **FREE** for all Wellington based makers and creators aged under 25.

Scan the QR code or visit the link below to apply!
bit.ly/upswing-market

SCAN ME!

CHALLENGE YOURSELF

ON BOARD TALL SHIP YOUNG ENDEAVOUR

16-23
YEAR OLDS

LEARN NEW
SKILLS

MAKE NEW
FRIENDS

EXPLORE
THE AUSSIE COAST

APPLICATIONS
NOW OPEN
youngendeavour.gov.au

YOUNG ENDEAVOUR YOUTH SCHEME
EXPAND YOUR HORIZONS