

# Weekly Bulletin

## March 2<sup>nd</sup> -March 6<sup>th</sup>

**Locker Bell:** 8.50am

**Recess:** 10.40-11.00am

**Lunch:** 12.45- 1.30pm

**Period 5:** 1.35 – 2.25pm

**Period 1:** 8.55 – 9.45am

**Period 3:** 11.00 – 11.50am

**Sports Music:** 1.25pm

**Period 6:** 2.30 – 3.20pm

**Period 2:** 9.50– 10.40am

**Period 4:** 11.55 – 12.45pm

**Locker Bell:** 1.30pm

**A student who is half an hour late each day, misses the equivalent of 16.6 days of learning each year= to over 4 weeks per year = 1.5 years (P-12!)**

**HOW WOULD YOU LIKE TO WIN A NINTENDO SWITCH VALUED AT NEARLY \$800?** The school is running a raffle for this great prize, which also comes with a carry case and screen protector. Tickets are \$2 each or 3 for \$5 and it will be drawn at the end of Term 1. Please bring/send your money along to the front office for your chance to win. (CASH ONLY) Money raised from the raffle will be used to purchase chair covers for formal occasions.



- 1. Absence Hotline- 51825522 and push 1** If you are absent due to a **medical appointment ie: doctor, optometrist, podiatrist, physio, osteo, psychiatrist, dentist or illness, you must notify us and provide a medical certificate.**
- 2. SAVER PLUS PROGRAM-** To help with the cost of school uniforms, excursions, swimming lessons and other education expenses. Saver Plus is a 10 month program that can assist you to save for these expenses. See the Compass Post. This is a great program to get involved in and can earn you up to \$500.
- 3. MARCH LABOUR DAY LONG WEEKEND-** Don't forget Monday March 9<sup>th</sup> is a public holiday.
- 4. EXCURSION FORMS-** can students please get their forms and money in **at the same time** for their upcoming excursions and camps. Forms will NOT be accepted without money or a guarantee of funding on your account.
- 5. PHONES-** just a reminder phones are to be kept in your locker between 8.55am and 3.20pm every day, with an exception for classes with a green card approval from a teacher.
- 6. UNIFORM SHOP -**The uniform shop is open every Tuesday from 12.30pm-2.00pm.
- 7. EATING HEALTHILY-** We have students from time to time come to the office, feeling tired, sick etc, only to find out they haven't eaten, or they have eaten foods high in sugar with low nutritional value. It is really important that for children to get through the day, they need to have had a wholesome breakfast, and a

nutritional lunch, with plenty of fruit and nuts for snacks. Students should also be drinking plenty of water throughout the day, not just, if it's hot.

8. **LUNCH FROM WELLBEING REMINDER**-The wellbeing food is provided for emergencies and should not be used as an ongoing source of food (unless approved by a staff member). Anyone who has forgotten their lunch or requires additional food, needs to come to wellbeing **before 1st period or at recess** and put their name on the list for that day. No food will be given after 1pm but free fruit is available at the canteen **Wellbeing is closed from 1pm** (except for emergencies or student approved wellbeing time). Students are not to come during class or between classes for food or water (except for emergencies or student approved wellbeing time)
  9. **SCHOOL IN THE MORNINGS**- Please note, students should not be on the school grounds prior to 8.30am
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1. **HYDRATION**- Just a reminder to bring a drink bottle to school. Students become dehydrated during the day. Symptoms include feeling thirsty, feeling dizzy, tired, dry mouth, yellow or strong smelling urine or urinating less than 4 times a day. Students are allowed to take drink bottles with water into class.
  2. **WORD WORKS** Every Tuesday at lunchtime
  3. **CASUAL BUS PASSES**- Students needing to travel on buses that aren't their usual bus, or to a stop they do not usually access, **will require a casual bus pass. A casual bus form** needs to be filled out and handed in **the day before the first day of travel**, to get a pass. Casual bus pass forms are available from the front office.
  4. **PANADOL/ANTIHISTAMINES**- The school is not allowed to supply/administer paracetamol/ibuprofen or any hay fever medications Students should keep some in their lockers/bags and only take when necessary. Students are not permitted to supply these to anyone else.
  5. **STAFF OFFICES**- Please note **NO** student is to go into any staff office without permission.
  6. **LIBRARY EQUIPMENT** (computer and chargers) must be returned to the library at the end of each day, thank you.
  7. **LOCKS FOR LOCKERS**- There are combination locks available from Mrs Darvill if you would like to secure your belongings in your locker